

## BETH INGLIS, OT (C)

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### EDUCATION

- Bachelor of Science, Occupational Therapy, **University of British Columbia**, 2000
- Bachelor of Science, Kinesiology, **University of Waterloo**, 1988

### PROFESSIONAL DEVELOPMENT/TRAINING

- Soft Tissue Injury Conference, Trial Lawyers Association of BC, 2016
- Chronic Pain Conference, Trial Lawyers Association of BC, 2015
- Brain Injury Conference, Trial Lawyers Association of BC, 2014
- Faculty, Medical-Legal Conference, Trial Lawyers Association of BC, 2014
- FCE Mastery: Advanced Functional Capacity Evaluation, Min Kyi, 2013
- Essential Soft Tissue Injury Conference, Trial Lawyers Association of BC, 2013
- Faculty/Presenter, Trial Lawyers Association of BC, Medical-Legal Conference, 2013
- Complex Case Conference, Trial Lawyers Association of BC, 2012
- Paradigm Approach to Wound Care, JR Rehab Services, 2012
- Essential Soft Tissue Injury Conference, Trial Lawyers Association of BC, 2012
- Medical Legal Hurdles Conference, Trial Lawyers Association of BC, 2011
- Medical-Legal Training Course, Roy Matheson and Associates, 2011
- Anatomy of a Brain Injury Conference, Trial Lawyers Association of BC, 2011
- Cognitive Rehabilitation Training, Brain Tree Training, 2010
- Cost of Future Care Conference, Trial Lawyers Association of BC, 2010
- Life Care Planning, Roy Matheson and Associates, Vancouver, 2009
- Wheelchair Seating Workshop, Access Community Therapists, 2008
- Brain Injury Awareness Training, Brain Tree Training, 2007
- Progressive Goal Attainment Program, Certified PGAP Provider, University Centre for Research on Pain & Disability, 2006
- Assessment of Motor & Process Skills, Certified AMPS Evaluator, Centre for Innovative Solutions, 2005
- Dysphagia: Assessment & Treatment of Swallowing Disorders, 2001

### RELEVANT WORK EXPERIENCE

#### **Re:Function Health Group Inc.**

**(Formerly known as Back in Motion Functional Assessments, Inc.): 2017 to present**

Community Occupational Therapy Practice Leader

- Developing & overseeing community occupational therapy services
- Consultant Occupational Therapist, private practice/community OT
- Home Assessment
- Case Management
- Cognitive Assessment & Rehabilitation

- Chronic pain management
- Assessment of Motor & Process Skills
- Return to work planning & support

**Beth Inglis Consulting: 2015 to 2017**

Private Consultant Occupational Therapist

- Cost of Future Care Assessment
- Consultant Occupational Therapist, private practice/community OT
- Home Assessment
- Cognitive Rehab
- Case Management
- Cognitive Assessment & Rehabilitation
- Chronic pain management
- Assessment of Motor & Process Skills
- Return to work planning & support

**JR Rehab Services: 2004 to 2015**

Consultant Occupational Therapist

- Cost of Future Care Assessment
- Consultant Occupational Therapist in private practice/community OT (ICBC, WorkSafe BC, LTD, Employers, private clients)
- Hospital discharge planning
- Home Assessment
- Cognitive Assessment & Rehabilitation
- Case Management
- Return to work planning & support
- Chronic pain management
- WorkSafe BC Community Occupational Therapy Services Provider 2014-2015
- Progressive Goal Attainment Program (PGAP)
- Assessment of Motor and Process Skills
- Active rehabilitation: prescription & supervision of adapted exercise programs

**DEMONSTRATED COMPETENCIES**

**Cost of Future Care:**

- Accepted as an Expert Witness in Occupational Therapy & Cost of Future Care Evaluations in the Supreme Court of British Columbia, 2015 to 2016

**Community Occupational Therapy:**

- Proficient in hospital discharge planning, home assessment, & prescription of equipment and services
- Proficient in assessing & addressing physical, cognitive, & psycho-social barriers impacting function post-injury or illness
- Proficient in screening & assessing cognitive deficits & developing cognitive rehab programs
- Proficient in providing education on body mechanics & posture specific to work & other functional activities
- Proficient performing worksite assessment & working with client, employers & third-party providers to develop GRTW programs
- Able to effectively communicate with stakeholders to identify return to work plans, identify accountabilities of parties within the plan, develop consensus to execute the plan, & to address issues while monitoring the plan
- Experienced performing ergonomic analyses to identify risk factors of work demands in relation to functional capacities of an injured worker
- Able to prescribe ergonomic solutions via equipment provision, worker practice modifications (job coaching), or environmental changes
- Proficient in role as case manager working with clients from date of injury/illness to return to work/function
- Proficient at leading multidisciplinary rehab team in community/private occupational therapy
- Proficient in guiding clients with chronic pain to return to function

**Mentorship:**

Re:Function Community OT Practice Leader & Mentor, 2017 to present